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Poultry Press

Promoting the compassionate and respectful treatment of domestic fowl

Celebrating 36 years of dedicated activism for domestic fowl

United Poultry Concerns

P.O. Box 150
Machipongo, VA
23405-0150

(757) 678-7875

info@upc-online.org

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Mini Pearl arrived at our sanctuary with 9 other hens and 4 roosters after being abandoned in cardboard boxes. UPC photo by Liqin Cao, November 29, 2025.

Rethinking the Thanksgiving Turkey



A mother turkey sheltering her poults,
courtesy of United Poultry Concerns

During November, the turkey takes center stage as a symbol of American tradition. Beneath gratitude lies a paradox, as Karen Davis wrote: “Thanksgiving has other functions, but one thing it does is to formalize a desire to kill someone we hate and make a meal out of that someone.” The turkey is both sentimentalized and scorned, celebrated and sacrificed.

This tension reflects a deeper ritual function. The Thanksgiving turkey serves as a ritual scapegoat—a symbolic victim through which we channel collective guilt and unease. Through the ceremonial slaughter and consumption of the bird, we engage in a form of ritualized violence that simultaneously reaffirms our moral identity and strengthens social unity. Similar patterns appear in other cultural practices, such as Kaporos, in which a chicken is swung and sacrificed to symbolically absorb human transgressions. In both instances, the animal becomes a surrogate, bearing what the community prefers not to confront directly.

Industrial agriculture amplifies this tension. Today’s turkeys, bred for unnatural size and docility, bear little resemblance to their wild ancestors—agile birds who once roamed freely. But as Karen Davis reminds us, “What their behavior actually reveals is an empathetic sensibility that should awaken us to how terribly we treat them and make us stop.” However altered by human hands, they remain sentient beings—feeling, perceptive, and no less deserving of compassion than their wild kin. Their very visibility at Thanksgiving prevents them from vanishing completely into the anonymity of meat. Their presence as the centerpiece forces us, however briefly, to confront the life behind the meal.

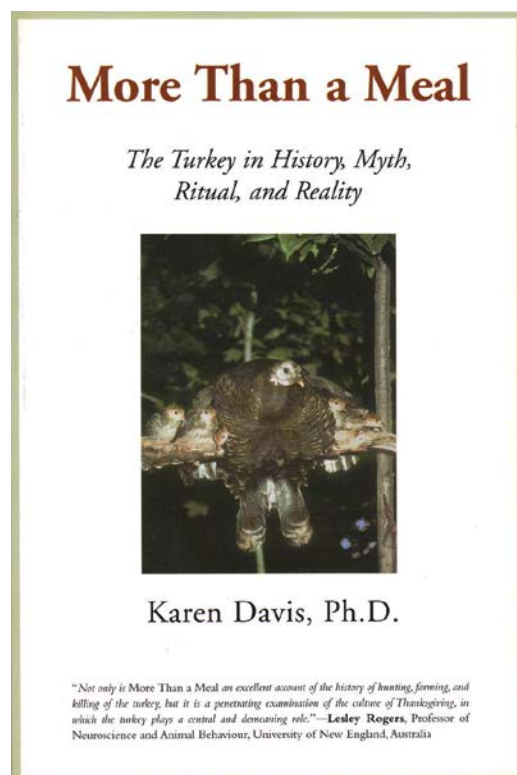
However, change is possible. More and more people are celebrating a compassionate all-vegan Thanksgiving. Across the country, sanctuaries now host Thanksgiving gatherings where turkeys are honored as guests rather than served as food. Though modest, these celebrations point toward the vision of a Thanksgiving that celebrates life rather than death. They remind us that compassion and abundance can coexist, inviting us to imagine rituals that reflect empathy as well as tradition.
— Liqin Cao & Franklin Wade, *United Poultry Concerns*

What Can We Do to Help Turkeys?

🐔 We Can Get to Know Turkeys By Reading *More Than a Meal*

More Than a Meal: The Turkey in History, Myth, Ritual, and Reality—This scholarly and authoritative book examines the cultural and literal history, as well as the natural history and biological needs and concerns of turkeys. And much more!

Order from UPC! Also available as a free PDF.



We Can Advocate for Turkeys

Organize or attend an outreach event using UPC's Turkeys brochures and posters.



UPC 2025 White House Leafleting for Turkeys

We Can Pioneer New Traditions

Share delicious vegan dishes like *Mrs. Gobble-Good's Golden Brown Pie* with friends and family this holiday season.



References

- Karen Davis, "The 'Thanksgiving' Turkey: Object of Sentimentality, Sarcasm, & Sacrifice," United Poultry Concerns, Nov. 27, 2022.
- Karen Davis, "The Thanksgiving Turkey as Ritual Scapegoat in the Carnavalesque Tradition," United Poultry Concerns, Nov. 17, 2018.
- Karen Davis, "Turkeys: Sympathy, Sensibility, and Sentience," United Poultry Concerns, Nov. 19, 2019.

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EDITOR:
Franklin Wade

GRAPHIC DESIGN:
Franklin Wade

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President-Director

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GRAPHIC DESIGNER:
FRANKLIN WADE

DATABASE MANAGER &
CORRESPONDENT:
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"Don't Gobble Me!" Activism in DC, Las Vegas & More!

On November 15, 16 & 17 2025, we ran our "Don't Gobble Me! Be Kind to Turkeys - Go Vegan!" message on a truck driving around downtown Washington, DC for 8 hours each day. In Las Vegas, Nevada through the entire month of November, we ran our "Be Kind to Turkeys - Go Vegan!" ads on 50 bus shelters. Activists demonstrated and leafleted for turkeys in DC, Maryland, Massachusetts and California.

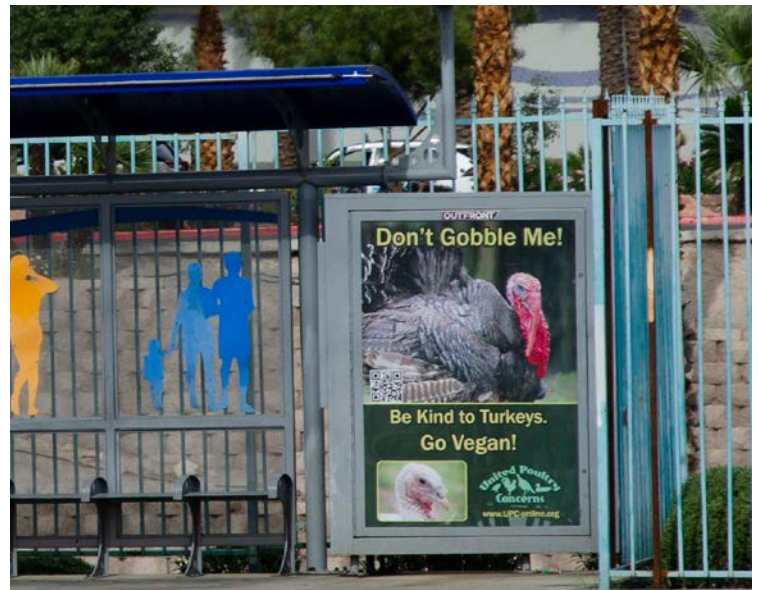


White House Leafleting for Turkeys





Washington, DC



Las Vegas, NV



Olney, MD

(cont.) "Don't Gobble Me!" Activism in DC, Las Vegas & More!



Amherst, MA



El Nopalito Market in Encinitas, CA



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Target in Irvine, CA

Freddaflower Memorial & Appreciation Fund

The pain of losing them is the price we pay for the privilege of knowing them and sharing their lives . . .

We thank those people who have contributed to our work with recent donations *In Loving Memory and in Honor and Appreciation* of the following beloved family members and friends, both those who have passed away and those who are with us.

In honor of Diesel, a gentle pit bull who fiercely loved his humans and devotedly guarded their chicken babies. – Auntie Karen Emanuel

Much love to Karen. We all miss her. – Sheila Schwartz

In memory of Karen Davis. I knew her through the Montgomery County Humane Society when she adopted/rescued chickens for UPC.

– Ann-Marie Maier

In memory of Karen Davis.

– Joel Freedman

In memory of Karen Davis.

– Elizabeth Krocheski



Karen Davis

Discover a New Easter Tradition Without Hen's Eggs

The association of a hen's egg with Easter and Spring survives ironically in the annual children's Easter

Egg Hunt, for the origin of this ritual has been largely forgotten. Traditionally, the finding of eggs was identified with the finding of riches. Today's children hunt for eggs that were laid by a hen imprisoned in a mechanized building, most likely in a wire cage.



You can have all the pleasure and surprise of a Spring Celebration and Easter Egg Hunt without supporting this unnatural and inhumane cruelty. Most of the supplies listed here can be found at any large craft store. Some are stocked only around Easter. By checking yearly you can gather an assortment of Easter decorations to be used again and again.

Ideas for Replacing Hen Eggs

Craft stores offer a variety of "eggs" such as plastic, paper mache, wood, even glass. For young children and a fun party, use plastic eggs and colorful stickers appropriate for Easter. Card shops, fabric shops, even supermarkets, carry fake eggs and Easter decorations. Children can put stickers on these eggs, which can be hidden as is, or small trinkets or other treats can be placed inside.



More artistic eggs can be created using paper mache, wooden or glass eggs. Most wooden and paper mache eggs are brown so you may want to paint them with a coat of white paint. (Tempera or craft store paint works fine.) After painting the eggs white, they can be further decorated with paints. There are all kinds of paint ranging from poster paints to t-shirt paints, which puff up when used. Fabric scraps, fake stones, and glitter can be glued on, and colorful pictures can be cut out and pasted on the eggs. Children as young as 2 enjoy painting, gluing, and pasting on glitter.

As you look around the craft shop notice all the different "eggs" you can display, "hunt," and give as gifts. Parents can choose to save 1 or 2 eggs their children decorate each year. You can't do that with hens' eggs.

More fun ideas at www.upc-online.org/easter:

1. 3D Paper Egg Ornaments
2. Tin Foil Easter Egg Art
3. Yarn Wrapped Easter Egg Craft
4. Alien Easter Eggs - Easy Easter Craft for Kids
5. Squeegee Paint Easter Egg Art
6. Tissue Paper Plate Chick
7. Splattered Egg Garland
8. How to Make Easy and Fun Tissue Paper Eggs
9. DIY Easter Treat Bags Craft for Kids

Celebrate Easter with Vegan Easter Sugar Cookies

Instead of decorating Easter eggs, create Easter Sugar Cookies. Make sugar cookies in egg-shaped ovals, and have the kids help decorate them in spring colors. Instead of hiding eggs, break the frosted cookies into thirds as puzzle parts, and have the kids assemble the cookie puzzles.



Visit www.upc-online.org/easter to view **vegan easter cookie recipe and the following resources:**

- 🐔 To learn more about the details of the development and hatching process of a chick, please read *Birth of a Baby Chicken: An Easter Story* by Karen Davis, PhD.
- 🐔 To explore the traditional symbolism of hens and eggs during Easter and contrast it with modern poultry farming practices, please read *The "Easter" Chick – A Lost Soul* by Karen Davis, PhD.
- 🐔 And if your school is planning to hatch chicks this year, please share our *Alternatives to School Hatching Projects* booklet with the teacher, school principal, school superintendent & parents.

Are Chickens Smarter Than Toddlers?

A View of Cross-Species Comparisons

By Karen Davis, PhD, President of United Poultry Concerns, August 2013



Photo of Karen and Rainbow by Unparalleled Suffering Photography

Twenty-five years ago, five years after I joined the animal rights movement in 1983, I addressed the question of cross-species comparisons – the strategy and legitimacy of comparing and ranking intelligences among animal species. In “The Otherness of Animals,” in *Between the Species: A Journal of Ethics*, Fall 1988, I asked whether dogs and cats could be adversely affected if science concluded they are not as smart as pigs and porpoises. Would we start anxiously scanning our beloved companion animals for signs of certified cognition? Blame them for “acting smart” just so we would feed, shelter and care for them?

I thought about the dogs I grew up with, and about my parrot Tikhon, who, I was told by a bird rehabilitator in San Francisco in the 1970s, was not “really” intelligent, but a creature of mere “instinct,” and thus a kind of imposter who only *seemed* to be an intelligent, emotional and reciprocal companion of mine. In this view I was a sort of dummy who couldn’t distinguish fixed behavior patterns from conscious awareness in a bird whose ability to fool me depended on the fact that I loved her and needed to believe we were bonded.

In short, I *wanted* Tikhon to be intelligent; therefore she was. And since most people don’t want chickens or other animals they like to eat to be intelligent; therefore they aren’t. Can science help us surmount our desires toward nonhuman animals to attain an understanding of what is *really* true about them?

In 1996, I discovered Dr. Lesley Rogers’s book *The Development of Brain and Behaviour in the Chicken* (1995) in the Beltsville, Maryland Agricultural Library outside Washington, DC. I sat on the floor of the stacks, reading it in tears, because Rogers was affirming that birds are intelligent beings, and that prejudice, not science, says otherwise. She said, “it is now clear that birds have cognitive capacities equivalent to those of mammals” (p. 17). She said, “With increased knowledge of the behaviour and cognitive abilities of the chicken has come the realization that the chicken is not an inferior species to be treated merely as a food source” (p. 213).

She explained that a chick “hatches with a well-developed brain, immediately able to make decisions and to form memories” (p. 118). Of battery cages for hens and all forms of industrial conditions for chickens, she said: “In no way can these living conditions meet the demands of a complex nervous system designed to form a multitude of memories and to make complex decisions” (p. 218). Citing recent demonstrations of complex cognition in birds including chickens and others once denigrated by mainstream scientists as “unquestionably low in the scale of avian evolution,” Rogers called for more research in the field of comparative cognition, given how recent studies had “thrown the fallacies of previous assumptions about the inferiority of avian cognition into sharp relief” (p. 218).

I was ecstatic. A bona fide avian scientist was saying what I already knew to be true about birds, and about chickens in particular, in forthright language that could be quoted without ellipses. She spoke of “the cognitive demands of the hitherto underestimated chicken brain” (p. 213).

The chicken’s brain is equipped to enable it to meet the complex demands of the natural world in which this brain took shape. There is a fit between the total mental system of the chicken and the tropical forest habitat in which chickens evolved. Chickens have thrived for tens of thousands of years within the complex ecology of their forest world – a world that is reflected in their genetic makeup. The neurophysiology of the chicken embodies a system of interactions between the genetic, hormonal and environmental factors that figure in the developing embryo and express themselves in the adult bird.

Other studies since 1995 confirm that the avian brain is a complex organ comparable to that of mammals. An article in *Science Daily*, July 17, 2013, says that birds possess a range of skills including “a capacity for complex social reasoning” and problem solving. A researcher explains that “Birds have been evolving separately from mammals for around 300 million years,” yet they are “remarkably intelligent in a similar way to mammals such as humans and monkeys.”

It is both gratifying and grievous to see science gravitating toward the truth about birds and other animals traditionally dismissed as inferior, insensate, stupid, and emotionless. Grievous because of the terrible things we do to animals and will continue doing to them, including laboratory experiments designed to elicit whether, and in what ways, they are intelligent and how their brains are “wired.”

Galling as well as grievous is the aspect of cognitive studies and cross-species comparisons in which animals are ranked and pitted against one another as to who is smartest and most emotionally developed, or least intelligent and emotionally developed – dogs versus cats versus pigs, and so on. In *Are Pigs as Smart as Dogs and Does it Really Matter?* biologist Marc Bekoff calls these comparisons mostly silly, even dangerous, considering how they can be used, for example, to claim that “smarter animals suffer more than supposedly dumber animals” whereby “dumber” animals may be treated “in all sorts of invasive and abusive ways.”

In the 1970s and 1980s, the ability of chimpanzees to use American Sign Language, or Ameslan, was news. If chimpanzees could learn this version of human language, and devise clever strategies to outwit a chicken, as astronomer and science popularizer, Carl Sagan, wrote of an anecdote about a chicken and a chimpanzee, then perhaps chimpanzees had a cognitive advantage over all other nonhuman animals on the planet, entitling them and their great ape cousins to a semblance of “human rights.” These ideas led to *The Great Ape Project*, in 1994, calling for “the extension of the community of equals to include all great apes.”

An important fact about the chimpanzee’s ability to use Ameslan is that it depends on an anatomical feature that resembles one of ours – manual dexterity. Thus, no matter how unique, intelligent, or willing they may be, any creatures with fins, paws, hoofs, or claws cannot learn to use (even if capable of understanding) Ameslan.

Similarly, chimpanzees appear to be physiologically and anatomically ill-adapted to using (however competent of understanding) verbal language, which is why researchers switched to Ameslan. But what about animals who for one reason or other cannot, or will not, communicate in our terms? Whose kind of intelligence is not our kind? Whose modes of experience elude us? Must “illiterate” animals forgo “human rights”?

In her book *Minds of Their Own: Thinking and Awareness in Animals* (1997), Lesley Rogers writes that by privileging the great apes above all other forms of terrestrial nonhuman life, we are saying that “some animals are more equal than others.” She asks whether, guided by this cognitive-scale-of-being way of thinking, we are going to grant rights to “only our closest genetic relatives?” She exposes the fallacy – and the danger – of ranking animals according to their alleged intelligence or awareness, both of which attributes, she says, “are impossible to assess on any single criterion” (p. 194). She argues that instead of ranking animals according to a simplistic, anthropocentric model of intelligence, we would be more accurate and just in our assessments if we recognized that “there are many different ‘intelligences,’ rather than ranking all species on the same scale of intelligence” (p. 57).

Even for humans, Rogers says there is no evidence to support applying the single term “intelligence” to a diverse set of activities; likewise, there is no evidence that different species use the same cognitive processes to carry out similar types of behavior. There are no grounds for asserting “without doubt,” as Peter Singer wrote in *Animal Liberation*, 1990, that pigs are the smartest of all animals commonly eaten in the Western world (p. 119). In an article in *The New Yorker*, Malcolm Gladwell pertinently observes that “Rankings are not benign. . . . Who comes out on top, in any ranking system, is really about who is doing the ranking.”

Allied with the attempt to place nonhuman animals in a cerebral hierarchy – who is smarter, a lizard or a lion, a penguin or a parrot, a chicken or a chimpanzee? – is the effort to compare cognitively intact nonhuman beings with incompetent human beings, such as children, who are mentally undeveloped due to their age, and people suffering from mental disabilities. This type of cross-species comparison has attracted animal advocates as a way of gaining public sympathy and

support for nonhuman animals by placing them in the light of defenseless humans requiring legal protections, which of course includes all of us living in societies that, without laws to protect the weak and vulnerable, do *not* bend toward justice. As G.A. Bradshaw and Monica Engebretson urge in *Parrot Breeding and Keeping: The Impact of Capture and Captivity*, “Science dictates that standards and criteria used to assess and protect human well-being accurately extend to parrots and other animals. A single, unitary model of welfare and legal protection may serve human and nonhuman animals.”

Classifying competent nonhuman animals with vulnerable humans in an effort to gain legal recognition and protection of their rights and interests, which they cannot assert on their own behalf, is necessary and just. But the effort is misguided when it exceeds this purpose to foster the fallacy of an inherent equivalency between competent nonhuman animals and incompetent humans in terms of these groups’ actual mental development and real-world functioning. See, for example, *Do Animals Typically Think Like Autistic Savants?*

Nonhuman animals are not tantamount to mentally defective and undeveloped humans. Chimpanzees could not survive socially, let alone thrive, if they thought and functioned like “intellectually disabled human beings,” as in Peter Singer’s comparison in *Rethinking Life and Death* (p. 183). Such categorizing relegates the entire animal kingdom, apart from us, to a condition of mental debilitation and childlikeness, a condition that is totally incompatible with the cognitive demands exacted upon real adult animals in the real world. Ask yourself,

if the “highest” animals rank with mentally disabled humans, where does that leave all the other species, mentally speaking?

Such comparisons lead to a perhaps well-intentioned but deeply demeaning focus on an adult animal’s ability or inability to play video games, and other trivia. It engenders a paternalistic emphasis on laboratory “findings” that adult pigs and chickens are as smart as or smarter than toddlers. This type of thinking is deeply childish in its own right, and it is profoundly insulting to the adult members of other species.

Animal advocates who defend representing nonhuman animals in this way argue that it could be a useful strategy since people are more likely to care about nonhuman animals if they see them in the light of cute, clever youngsters. Indeed, there was an item on the Internet recently about a woman who hesitated to eat a pig sandwich because she had heard that a pig is as smart as a toddler.

Running a sanctuary for rescued chickens for nearly thirty years, I am sometimes asked if I think the chickens see me as their mother, and if I consider them my “babies.” In fact, I don’t regard adult chickens or any other adult animals as babies. As I wrote in “The Social Life of Chickens” (titled “The Mental Life of Chickens” in *Experiencing Animal Minds*), I see the ability of chickens to bond with me and be companionable as an extension of their ability to adapt their native intelligence to habitats and human-created environments that stimulate their natural ability to perceive analogies and fit what they find where they happen to be to the fulfillment of their own needs and desires.



The Social Life of UPC Sanctuary Chickens, November 2025

The inherently social nature of chickens enables them to socialize successfully with a variety of other species and to form bonds of interspecies affection and communication. But they are not humanoids. They are not phylogenetic fetuses awaiting human contact to stimulate their cognitive potential. They are neither failed nor inferior humans, and if they are adults, they are not babies. If chickens or any other adult animals thought and acted like toddlers or teenagers, in situations where, living free or feral, they had to fend for themselves, the species would not survive. Toddlers do not create, sustain and perpetuate viable societies. They do not have parenting skills or any of the other neurological capabilities involved with the demands of maturity. An adult chicken raising her chicks does not think like a six-year old. She thinks like a mother hen, in which respect there is commonality and continuity between her and all other attentive and doting mothers of all species.

I believe that we must represent other animals as who they are, in situations that are meaningful to them and in which they meaningfully express themselves, without torturing and murdering them to find out what is inside their heads and infantilizing them in experiments with our gadgetry. We do not elevate our fellow creatures by belittling them. We need to suppress our impulse to patronize the rest of the living world as inferior to ourselves. Other animals are not lesser beings.

A bear is not a teddy bear. Chickens are not “dumb” – they are neither voiceless nor stupid. Competent nonhuman animals are not neurological replicas of impaired humans and little children. Let us learn to respect other animals by perceiving them justly, and teach others to do the same.

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New York City Kaporos Report, 2025



The Alliance to End Chickens as Kaporos continues our work as a compassionate voice for chickens despite increasing restrictive factors. We rescue, medically treat, and transport survivors to their forever homes all over the US. We provide water and food to thousands of mistreated birds that are crammed for days in plastic crates. We also educate practitioners about the cruelty and illegality of using chickens in the Kaporos ritual.

In the week prior to Kaporos, AECK co-founder Rina Deych spearheaded an outreach effort with the help of volunteers. They had many productive conversations to continue encouraging the communities to use money rather than animals for the annual Kaporos rituals.

Our action committee was once again forced to be a small group of activists due to increased law enforcement presence and opposition. Through our contacts at NYPD, we've been able to continue administering chicken care at the sites and negotiate open rescues - so long as our numbers were fewer than 10 people. We did have a Board Certified Avian Veterinarian with us the final night, and consistently had a stocked ambulance near the sites to provide immediate care to critical victims. The rescue team secured an open rescue of over 80 birds the final morning of ritual week.

Our incredible fosters were overseen by Tamerlaine Farm Sanctuary and Preserve, and were held at private homes in Upstate NY and on Long Island. Tamerlaine



has also permanently adopted the most severe health-compromised birds to join their Wounded Warriors flock.

Through open rescue and separate efforts by the Official Rescue Team, we rescued 202 birds. About two dozen of these birds required special medical care, including wing and toe amputations, broken beaks, eye infections, one slit throat, and several with mobility issues.

Transports have been completed by incredible volunteer drivers to California, Virginia, Vermont, Michigan, Pennsylvania, and Georgia.

Our total rescue expenses were \$22,296 (Triage/Foster \$3,067; Medical \$9,510; Sanctuary Support \$3,000; Transport \$6,719). The total raised was \$28,560.

— *Jill Carnegie, Alliance to End Chickens as Kaporos*





Just because we can't save them all doesn't mean we can't show kindness. Activists provide affection and nourishment to thousands of suffering baby birds every year in the streets. We wish we could save every one of them, and we do rescue who we can. At the very least, these little beings know that not every human is a monster, and they know that someone was with them and saw them as worthy of care.



The week before Kaporos, we did outreach every day in different areas of Williamsburg and Crown Heights. On one of the days, we set up a table right outside of Chabad Headquarters. We planted many seeds with posters and video of chickens, both happy and sad. - Rina Deych



These rescued birds at their foster home experience kindness, soft grass, and warm sun for the first time.

Vegan Recipe Corner

Vegan Chorizo Chili

Recipe by Liqin Cao

Ingredients

- 2 tablespoons olive oil
- 1 medium onion, diced
- 4 cloves garlic, minced
- 1 package Trader Joe's Soy Chorizo or 2 cups TJ's Copycat Vegan Chorizo
- 1 cup frozen corn
- 2 cans (14.5 oz each) Italian-style diced tomatoes
- 4 cans beans (black, red, kidney, pinto), drained and rinsed

Instructions

1. Heat the olive oil in a 6-quart pot over medium-high heat.
2. Add the diced onion and minced garlic. Sauté until translucent, about 3–5 minutes.
3. Reduce heat to medium. Add the vegan chorizo and frozen corn. Stir and cook for 5 minutes.
4. Add the diced tomatoes and drained beans. Stir to combine.
5. Reduce heat to low and simmer covered for 30 minutes, stirring occasionally. Salt and pepper to taste.



Trader Joe's Copycat Vegan Chorizo

by Thank You Berry Much

(modified to use bulgur wheat instead of TVP)

Ingredients - Spices

- | | |
|-------------------------|---|
| • 1 tbsp smoked paprika | • ½ tsp dried oregano |
| • 2 tbsp paprika | • ½ tsp ground coriander |
| • 2 tsp chili powder | • ⅛ tsp cayenne pepper, add more if desired |
| • 1 tsp garlic powder | • 1 tsp sea salt |
| • 1 tsp onion powder | • ⅛ tsp black pepper |
| • 1 tsp ground cumin | |

Remaining Ingredients

- 2 cups very hot vegetable broth or water.
- 3 tbsp olive oil
- 2 ½ tbsp white vinegar
- 1 ⅓ cups bulgur wheat

Instructions

1. In a large glass bowl, whisk all of the dry spices together. Pour in the hot broth, oil and vinegar. Whisk until well combined.
2. Add the bulgur wheat to the spiced broth and mix to combine. Cover the bowl and let the bulgur absorb the broth and hydrate for 30 minutes.



Photos by Liqin Cao



Trader Joe's Copycat Vegan Bulgur Wheat Chorizo

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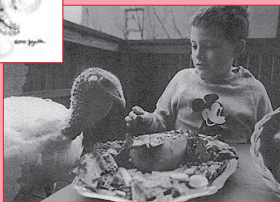
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"Chickens"
"The Battery Hen"
"Turkeys"
"Ostriches & Emus: Nowhere To Hide"
"Japanese Quail"
"The Use of Birds In Agricultural and
Biomedical Research"
"'Free-Range' Poultry and Eggs: Not All
They're Cracked Up to Be" - New &
Revised!
"Live Bird (Poultry) Markets"
"Chicken-Flying Contests"

LEAFLETS (FLYERS)

10 for \$1.00, 25 for \$2.50

"Ask Restaurants to Switch to Vegan
Faux Gras"
"Chicken for Dinner?"
"The 'Human' Nature of Pigeons"
"The Truth about Feather Hair Extensions"
"Birds Suffer Horribly for Pillows & Coats"

Bumper Stickers \$2 each

Don't Just Switch from Beef to Chicken: Get the Slaughterhouse out of your Kitchen.
Don't Just Switch from Beef to Chicken: Go Vegan.

Beautiful Chicken and Turkey Buttons

\$3.50 each. 3 for \$8. 10 for \$15. Any mixture.

Stick Up For Chickens • Chickens are Friends, Not Food
Turkeys are Friends, Not Food • End Chickens as Kaporos
Be Kind to Turkeys - Don't Gobble Me



T-shirts Too Neat to Eat (Hen & Egg or Rooster) •

Give a Cluck. Go Vegan! • What Wings Are For • Available
in Unisex (S, M, L, XL) or Ladies (S, M, L, XL) \$25

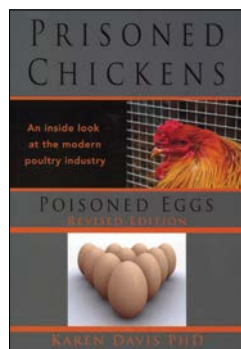


BOOKS

**Prisoned Chickens, Poisoned Eggs:
An Inside Look at the Modern
Poultry Industry**

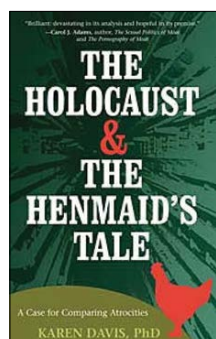
By Karen Davis

This newly revised edition of *Prisoned Chickens, Poisoned Eggs* looks at avian influenza, food poisoning, chicken suffering, genetic engineering, and the growth of chicken rights activism since the 1990s. Presents a compelling argument for a compassionate plant-based cuisine. "Riveting . . . Brilliant." – *Choice magazine, American Library Association* \$14.95.

**The Holocaust and the Henmaid's
Tale: A Case for Comparing Atrocities**

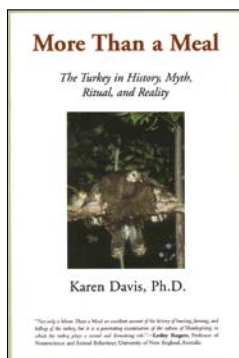
By Karen Davis

In this thoughtful and thought-provoking contribution to the study of animals and the Holocaust, Karen Davis makes the case that significant parallels can – and must – be drawn between the Holocaust and the institutionalized abuse of billions of animals on factory farms. "Compelling and convincing . . . this bold, brave book." – Charles Patterson, author of *Eternal Treblinka* \$14.95

**More Than a Meal: The Turkey in History,
Myth, Ritual, and Reality**

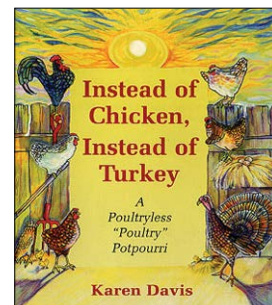
By Karen Davis

Karen Davis shows how turkeys in the wild have complex lives and family units, and how they were an integral part of Native American and continental cultures and landscape before the Europeans arrived, while drawing larger conclusions about our paradoxical relationship with turkeys, all birds and other animals including other human beings. "The turkey's historical disfigurement is starkly depicted by Karen Davis in 'More Than a Meal.'" – *The New Yorker* \$14.95

**Instead of Chicken, Instead of Turkey:
A Poultryless "Poultry" Potpourri**

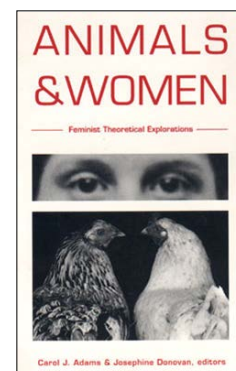
By Karen Davis

This delightful vegan cookbook by United Poultry Concerns features homestyle, ethnic, and exotic recipes that duplicate and convert a variety of poultry and egg dishes. Includes artwork, poems, and illuminating passages showing chickens and turkeys in an appreciative light. \$14.95

**Animals and Women:****Feminist Theoretical
Explorations** Edited by Carol J.

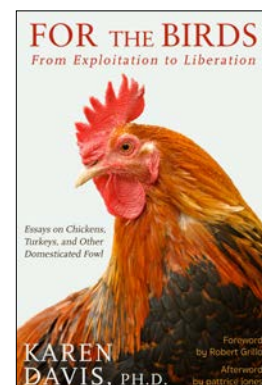
Adams & Josephine Donovan

"Karen Davis's brilliant essay [Thinking Like a Chicken: Farm Animals and The Feminine Connection] brings together the book's central concepts, leading to conclusions that rightly should disturb feminists and animal advocates alike." – Review by Deborah Tanzer, Ph.D. in *The Animals' Agenda*. \$16.95

**For the Birds:
From Exploitation
to Liberation**

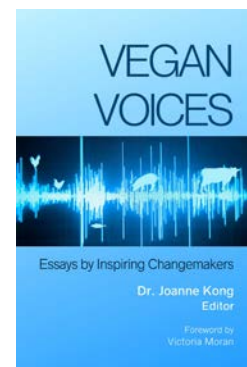
Essays by Karen Davis

FOR THE BIRDS "Can Only Be Described with Superlatives" – *Animal Culture Magazine*. \$20

**Vegan Voices:
Essays by Inspiring
Changemakers**

Edited by Dr. Joanne Kong

This inspiring book includes the essay "With Heart and Voice: Will Birds Sing Or Will They Be Silent?" by Karen Davis. \$20



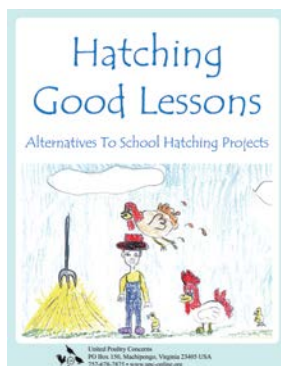
CHILDREN'S BOOKS & EDUCATIONAL MATERIALS

Hatching Good Lessons: Alternatives To School Hatching Projects

By United Poultry Concerns

A guide booklet for elementary school teachers and other educators including parents. 16 pages of information, storytelling, classroom activities & color photos. Grades K-6 (some activities are designed for K-12). \$2.50 per booklet. 5 for \$5. It can be viewed and printed out at

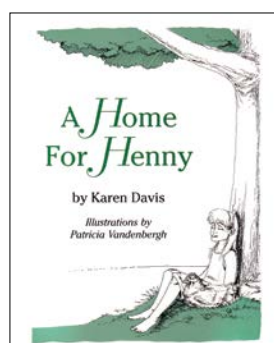
www.upc-online.org/hatching.



A Boy, A Chicken and The Lion of Judah – How Ari Became a Vegetarian

By Roberta Kalechofsky

This wonderfully gifted children's story, set in modern Israel, is about a young boy's quest for moral independence. An intelligent book for all ages. Winner of the Fund for Animals "Kind Writers Make Kind Readers Award." \$10

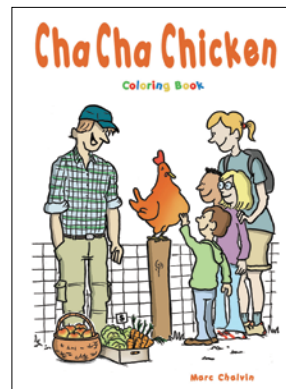


A Home for Henny

By Karen Davis

Melanie is a 3rd grader who is excited about a chick hatching project in her class at school. The project seemed like a good idea at first, but unexpected problems arise and the whole class learns a lesson in compassion. When the project is over, Melanie adopts one of the chicks she names Henny. *A Home for Henny*

explores the challenges and concerns with school hatching projects while evoking the lively personality of Henny and her loving relationship with Melanie. \$6.99



Cha Cha Chicken Coloring Book

By Marc Chalvin

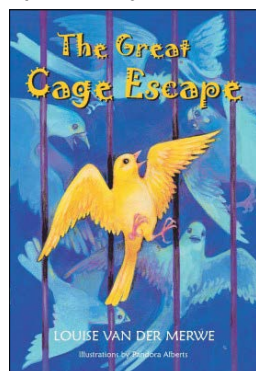
Narrated by Cha Cha the hen, this book invites children to visit Green Farm sanctuary and learn about the happy animals who live there. Written by Marian Hailey-Moss and illustrated by Marc Chalvin, Cha Cha shows children that chickens are people too and invites them to

color their world beautiful! *Cha Cha Chicken Coloring Book* is a delightful gift for children K-3. \$10

The Great Cage Escape

Grades 4-7. By Louise Van Der Merwe

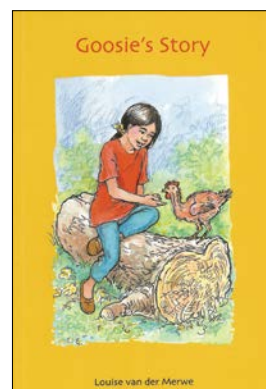
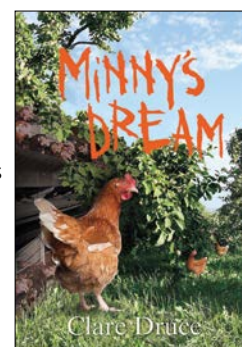
The birds in a pet shop think they are happy until a brown box punched full of air holes is left overnight on their front door step. The creature inside looks very weird at first. But as his feathers begin to grow, his true identity becomes apparent, and the stories he tells inspire the pet shop birds to pull off a Great Cage Escape. This is a story that encourages respect for all forms of life and helps learners realize that heaven can be right here on earth if we choose to make it so. \$4.95



Minnie's Dream

By Clare Druce

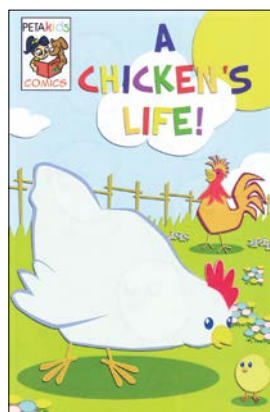
What happens when a young girl from the city discovers a battery-hen operation in the country? What happens when a "battery hen" named Minny speaks to her? What must she do when her friend Minny is going to be killed? This book is a must for the young person(s) in your life, age 8-14. \$10



Goosie's Story

By Louise Van Der Merwe

A touching story about a "battery" hen who is given a chance to lead a normal life – a happy life. This moving book will be warmly welcomed and shared by children, parents and teachers, highlighting as it does the concern and compassion we ought to feel for all our feathered friends on this earth. \$4.95



A Chicken's Life!

Grades 4-6. *PETAkids Comics*

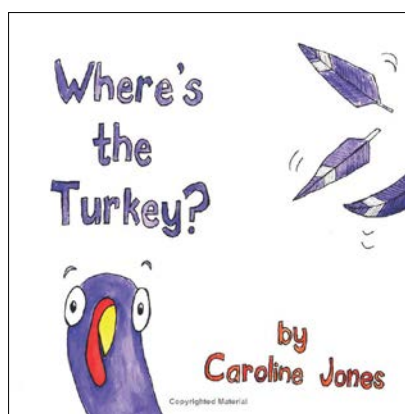
This cute comic book illustrates a group of children visiting an animal sanctuary where they meet a flock of chickens and learn all about them including the differences between Nature's Way and The Factory Farm Way. "Are these chickens really your friends?" they ask. "I've never met a chicken before." *A Chicken's Life* includes a puzzle for elementary school students to unscramble words

including barn, beak, cluck, feathers, grass, hatch, peck, peep, wings, and lots more. \$1.50 each. 10 for \$10.

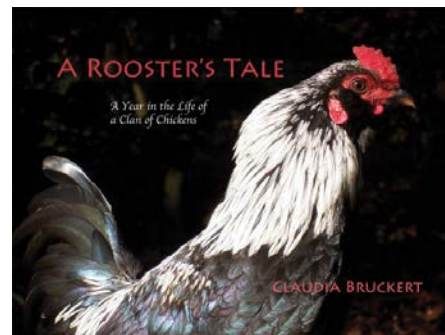
More Books, plus Videos available at
upc-online.org/merchandise

(continued) CHILDREN'S BOOKS & EDUCATIONAL MATERIALS

Where's the Turkey?, by Caroline Jones, is a charming and adorable book for young children. The child is engaged in a journey, with visual clues in the illustrations, toward discovering where the turkey is, which is not on the table. Young children love the "look-and-find" challenge page by page. I recommend this book most highly. It illustrates a Happy Thanksgiving with the whole family and a delicious Thanksgiving feast for which the turkeys themselves can give thanks for enjoying the day in their own happy "turkey" way. \$10



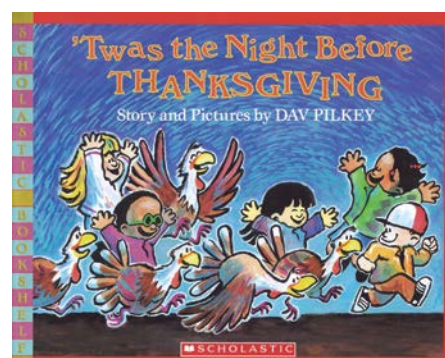
A Rooster's Tale: A Year in the Life of a Clan of Chickens by Claudia Bruckert, transports readers to the fascinating world of Change, who tells the real life story of his chicken family during his first year of life. Enchanting experiences and intriguing facts, chronicled and photographed beautifully over the course of one year, convey deep insights into the daily life of chickens. Grades 3-12 and a reading joy for all ages. \$20



'Twas the Night Before THANKSGIVING

Story and Pictures by Dav Pilkey,
Scholastic Book Shelf

Turkeys don't usually celebrate Thanksgiving. And they wish we wouldn't either! Here is a tale of eight children who meet eight turkeys who are in big trouble. Only the kids can keep the turkeys from meeting their Thanksgiving fate. But how will they save the turkeys? \$10



Plus These Great Gifts from UPC!

Cruel: Bearing Witness To Animal Exploitation

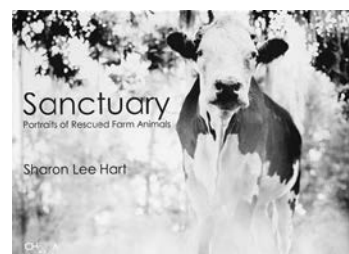
By Sue Coe, OR Books, 2012
Renowned visual artist Sue Coe, pioneer champion of animal rights and author of *Dead Meat*, has produced this mesmerizing new book documenting the experiences of animals raised and slaughtered for human consumption. Through its written account and haunting visual images, *Cruel* is a surpassingly passionate testimony to the waste, sorrow and violence perpetrated by our species against others. \$20



Sanctuary: Portraits of Rescued Farm Animals

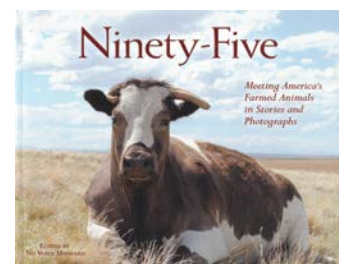
By Sharon Lee Hart, Charta Books, 2012

Sharon Lee Hart's photography project SANCTUARY takes you on an intimate journey to meet wonderful animals and the courageous rescuers who become their companions. Sanctuary caregivers evoke individual animals in short, handwritten stories accompanying Hart's starkly beautiful black & white photography. \$20



Ninety-Five: Meeting America's Farmed Animals in Stories and Photographs

An anthology of photos and stories by No Voice Unheard Editors: Marilee Geyer, Diane Leigh and Windi Wojdak. \$20



More books and videos available at upc-online.org/merchandise

Stickers Send a message with your mail! Order our eye-catching color stickers! 2" x 2 3/4", 100 stickers for \$10.



"Dying for Dinner" Cards
Place in stores, mail, etc.!!
3" x 4", 25 for \$2.50



POSTERS



International Respect for Chickens Day

Celebrate 12.5" x 17" Wings 12" x 16"



A Heart Beats in Us the Same as in You

Photo by PeTA

Full-color poster vividly captures the truth about factory chickens for the public. Vegetarian message. 18"x22".



Today's chickens are forced to grow too big too fast. They're forced to live in filth. They go to slaughter with yellow pus, harmful bacteria, heart and lung disease, tumors, crippled legs, sick immune systems, and more. Millions of dollars are spent hiding these facts.

Friends, Not Food

Photo by Franklin Wade

Liqin Cao & FreddaFlower.

Full color 19"x27" poster.



WHAT WINGS ARE FOR



CHICKS NEED THEIR MOTHERS

Photos by Jim Robertson & Karen Davis
Great educational tool. Full color
11-1/2"x16" poster.

Walking to Freedom After a Year in Cages

Photo by Dave Clegg. Full color, 18"x22" poster.

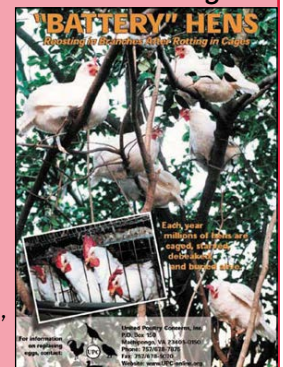


"Battery" Hens

Roosting in Branches After Rotting in Cages

Photo by Susan Rayfield

This beautiful color poster shows the rescued Cypress hens at UPC. Perfect for your office, your home, your school. 11.5"x16".



Great Turkeys Poster!

Photos by Barbara Davidson & Susan Rayfield
The posters are in color, and come in two sizes: 11.5" x 16", and 18" x 27".

**UPC posters in any mix:
One for \$4. Two for \$5.
Three for \$7.**

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INSIDE

Rethinking the Thanksgiving Turkey
"Don't Gobble Me!" Ads & Activism
Easter Without Hen's Eggs
Are Chickens Smarter Than Toddlers?
Kaporos Report
Freddaflower Fund
Vegan Recipe Corner & *More!*

Wishing You Joy in the New Year!
Please renew your membership for 2026



"Don't Gobble Me!" Truck Returns to Washington, DC.