

Spring-Summer 2009

Volume 19, Number 1



Poultry Press

Promoting the compassionate and respectful treatment of domestic fowl

Chosen one of the BEST Nonprofit Publications by UTNE magazine



UPC# 11656

United Poultry Concerns

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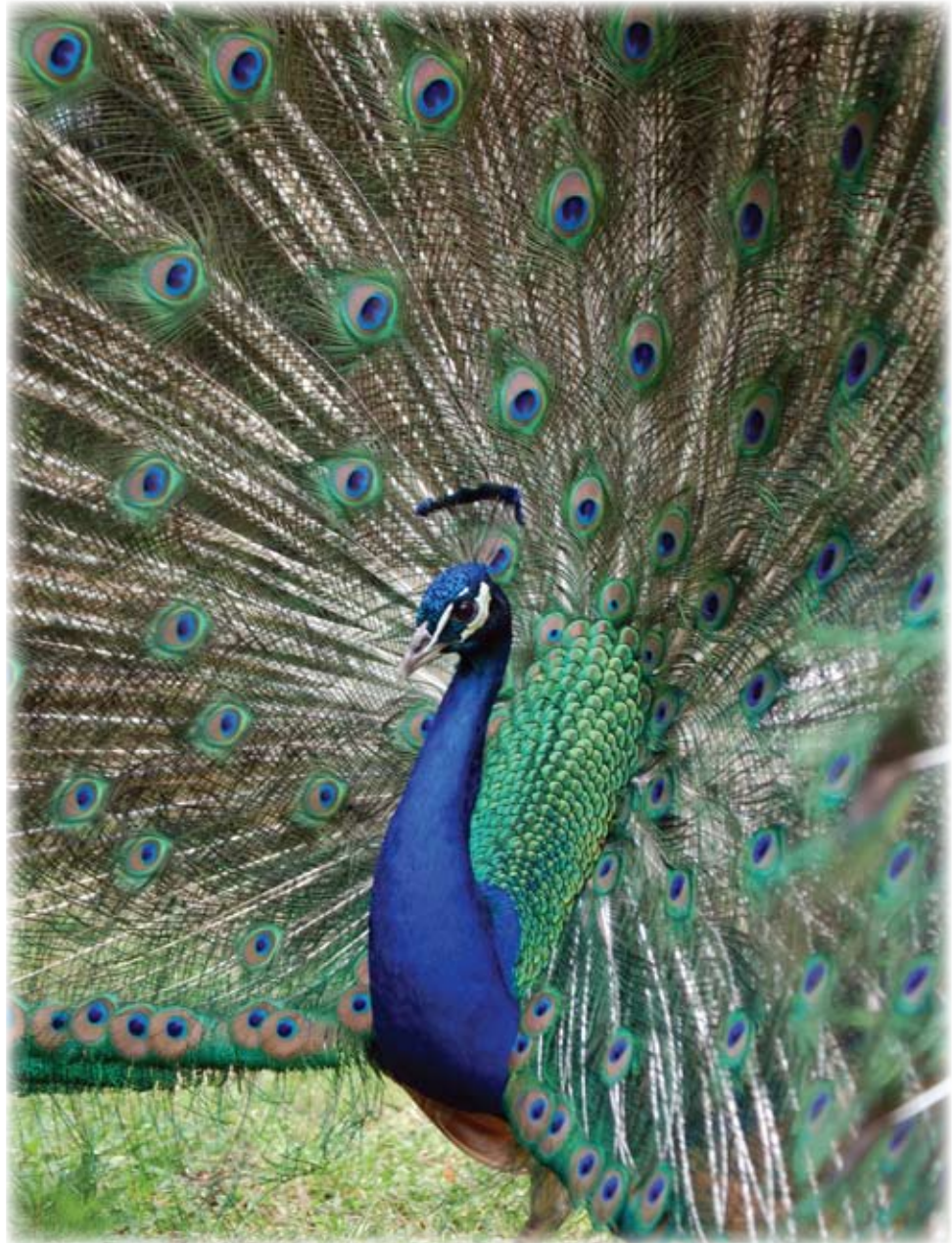


Photo © Davida G. Breier & www.NoVoiceUnheard.org

Frankencense, our peacock, flew into our sanctuary one cold November day in 2002 and he has lived here ever since. He wanders widely in the woods and fields, and he flies straight up to the highest tree branches at dusk, calling loudly until nightfall. Peafowl and chickens belong to the family of birds known as pheasants, *Phasianidae*. It's a joy having Frankencense and our chickens together in our sanctuary.

International Respect for Chickens Day May 4, 2009

“Please do an ACTION for Chickens in May!”

Dear UPC – Thank you for sending me posters and literature for International Respect for Chickens Day, as I requested. My office set aside time to let me address the issue at our meeting that week, and I was very pleased at the interest my coworkers showed. – Chalon Carroll Young, Esq.



INTERNATIONAL RESPECT FOR CHICKENS DAY, MAY 4 is an annual project launched by United Poultry Concerns in 2005 to celebrate chickens throughout the world and protest the bleakness of their lives in farming operations.

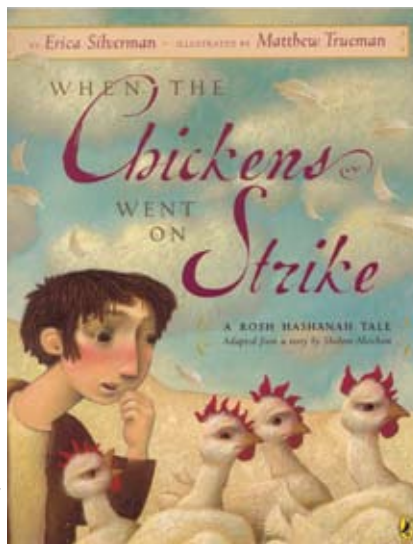
We urge people to do an ACTION for chickens on or around May 4. Ideas include leafleting on a busy street corner, holding an office party or classroom celebration, writing a letter to the editor, doing a radio call-in, tabling at the local church, school or shopping mall, hosting a vegan open house, or simply talking to family, friends or strangers about the plight – and delight – of chickens and how people can help them.

Now Available from UPC! When the Chickens Went on Strike

By Erica Silverman and illustrated by Matthew Trueman.

One day during Rosh Hashanah – the beginning of the Jewish New Year – a boy overhears the chickens in his village plan a strike. They are sick of being used for Kapores, the custom practiced in his Russian village where live chickens are waved over everyone’s heads to erase their bad deeds. “An end to Kapores!” the chickens chant as they flee the town.

This book is adapted from a story by Sholom Aleichem, the great Yiddish author best known for his tales which are the basis of the internationally acclaimed play *Fiddler on the Roof*. \$10



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Would you like to do more to help the birds?
Just go to www.upc-online.org/email and sign-up to
BECOME A UPC E-SUBSCRIBER!
News updates, action alerts, upcoming events and more!

Join the Veggie Pride Parade in New York City!

Mark your calendar for Sunday, May 17, 2009!

Please join UPC President Karen Davis and United Poultry Concerns at the Second Annual Veggie Pride Parade in New York City, Sunday May 17th. Last year's Parade – the brainchild of Pamela Rice, founder of the VivaVeggie Society – was a huge success. *The New York Times*, *Associated Press* and many other media around the country covered the 2008 Veggie Pride Parade, which brought 500 people and advocacy groups together in Greenwich Village to celebrate and promote the benefits and joy of a vegan diet and lifestyle.



UPC President Karen Davis & fellow activists led the Parade in 2008

This year's Parade will be even Bigger and Better!

Procession starts at Noon – lineup at 11 a.m. – in the Old Meat District in Greenwich Village where Little West 12th St., Gansevoort St., Greenwich Street & 9th Avenue converge. Endpoint for the Parade is Union Square Park (north end) featuring exhibitors, entertainment and speakers – including UPC and Karen Davis – live on stage! For more information, call 212-242-0011 or visit www.veggieprideparade.org/.

Special features on the Veggie Pride Parade website:

Slide show

Blog

Bulletin board

List of exhibitors & speakers 2009

Images from last year's parade

Media coverage from last year's parade

Contest winners from last year, with pictures

Official song by Cheryl Hill Band: Get Your Green On!
and more!



UPC activists Franklin Wade & Liqin Cao marched for chickens in 2008

Prisoned Chickens, Poisoned Eggs: Bringing the Plight of Chickens to Light

By Karen Davis, President of United Poultry Concerns

I'm surrounded by file cabinets bulging with manila folders that are filled with the thousands of articles I have accumulated, read and reread over a twenty-year period about chickens, turkeys, ducks and other domestic fowl in the areas of food production, science, education, entertainment, and human companionship situations. Most of these articles were photocopied from the stacks of agribusiness periodicals I began subscribing to in the late 1980s and continue to read and accumulate along with the storm of documents that now appear on the Internet. I therefore acknowledge the assistance of these disheartening but indispensable publications in bringing the plight of farmed animals and birds in particular to the light that I have chosen to cast upon them in these pages.

Hundreds of articles about the poultry and egg industry have been brought to my attention by Mary Finelli, starting when she was a researcher in the farm animal division of The Humane Society of the United States, and continuing to the present time in her capacity as editor of the online news digest, *Farmed Animal Watch*.

In addition, I am grateful to Clare Druce, my mentor and friend and co-founder of the pressure group Chickens' Lib, which began campaigning for the abolition of cruel methods of poultry-keeping in the United Kingdom in the early 1970s, now called Farm Animal Welfare Network. Clare's 1989 book *Chicken and Egg: Who Pays the Price?* was the first, and to my knowledge the only other book besides my own, to have dealt specifically with industrialized poultry and egg production from an animal advocacy point of view.

I also wish to thank Patty Mark, founder of Animal Liberation Victoria in Australia. Patty has worked for thirty years on behalf of chickens and

other farmed animals. Her personal investigations of factory farms led her to organize, in 1993, the first Open Rescue in Australia. Now a worldwide method of documenting the hidden atrocities of factory farming, it was Patty's presentation at United Poultry Concerns' 1999 conference on direct action for animals which pioneered the Open Rescue in North America. This form of undercover investigation laid the groundwork for the campaigns that have since followed to educate the public about the horrible treatment of animals raised and slaughtered for food in the United States and Canada.

The horrible treatment of chickens was laid out in excruciating detail by former Tyson employee Virgil Butler, to whom chapter five of this book on the death of chickens at slaughter owes much. Virgil's revelations in 2003 led to my incessant questioning of him about the chicken slaughter process and culture. His emails are contained in a three-ring notebook from which I have extracted passages for this book. Virgil gave a riveting talk at United Poultry Concerns' 2004 conference in Norfolk, Virginia that is fortunately preserved on DVD. Virgil died on December 15, 2006. To his authentic voice for chickens and a better world, I am beholden.

Finally, it is my privilege to acknowledge and thank the supporters of United Poultry Concerns around the world, including the editors, publishers and artists of the Book Publishing Company who have made *Prisoned Chickens, Poisoned Eggs* possible. In doing so, I draw attention to the fact that millions of people care deeply about chickens and turkeys and other birds. Through the years, countless people have inspired and educated me with their beautiful stories and photographs of the birds they love. Together with the birds themselves, they are the kindred spirits who keep me going and I can never thank them enough. — *Acknowledgements, Prisoned Chickens, Poisoned Eggs, 2009*



Kokun & Potpo found refuge at UPC



United Poultry Concerns

Promoting the Compassionate and Respectful Treatment of Domestic Fowl

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FOR IMMEDIATE RELEASE

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Prisoned Chickens, Poisoned Eggs Sheds Light in New Edition

Book Publishing Company
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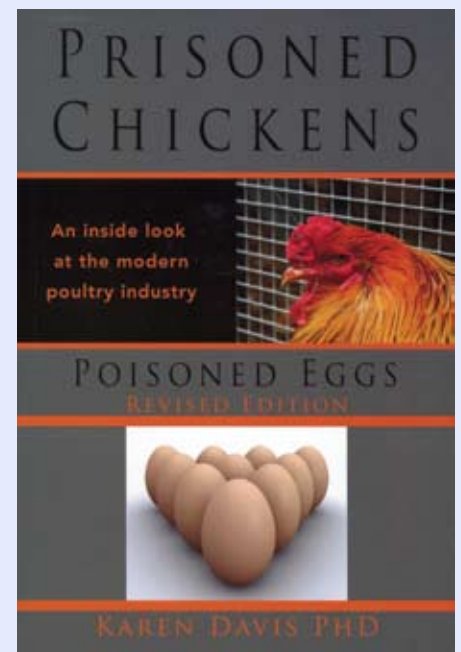
\$14.95 224 pages 2009

Order from United Poultry Concerns

UPC President Karen Davis Updates the Plight of Chickens, Health and Environmental Issues in Groundbreaking Book on the Poultry Industry

Karen Davis wrote *Prisoned Chickens, Poisoned Eggs* in the mid-1990s to focus attention on the billions of chickens buried alive on factory farms. The book was a catalyst for animal rights activists seeking to develop effective strategies to expose and relieve the plight of chickens. United Poultry Concerns' campaign in the 1990s to reveal the U.S. egg industry's cruel practice of starving hens to force them to molt their feathers and cut the cost of egg production was decisive in shifting advocacy attention to chickens and the hidden causes of *Salmonella* and *Campylobacter* food poisoning.

The Newly Revised *Prisoned Chickens, Poisoned Eggs* documents what has happened since the book first appeared – the waging of high-profile campaigns to get rid of battery cages for laying hens, undercover investigations exposing the appalling cruelty to chickens and turkeys by poultry industry workers, globalization of chicken production and its effect on the environment and spread of avian influenza, and how farm animal sanctuaries have become key players in debunking industry myths with truthful accounts of the sensitive and intelligent birds being brutalized in the name of “food.”



“When you pick up a chicken on the road who has fallen off a truck on the way to slaughter, the huge white bird with the little peeping voice and baby blue eyes feels like liquid cement,” says Karen Davis in *Prisoned Chickens, Poisoned Eggs*. The birds are sick with respiratory infections and they are often rotting with diseases. This latest edition effectively explains why these birds are so ill, why eating them makes people sick, and what can be done to cure the pathology of the modern poultry industry.

ABOUT THE AUTHOR: Karen Davis, PhD is the founder of United Poultry Concerns, a nonprofit organization dedicated to the compassionate and respectful treatment of domestic fowl. She is the author of several books and numerous articles for the national press and was featured on National Public Radio. A major article in *The Washington Post* titled “For the Birds” won the 1999 Ark Trust Genesis Award for Outstanding Newspaper Feature. The article can be read by going to www.upc-online.org/karenbio.htm.

Order from United Poultry Concerns

Remembering Mr. Joy, Who Brought Joy to Nursing Home Residents

“He brings so much joy, literally, to everybody, I couldn’t keep him all to myself,” said his guardian angel, Alisha Tomlinson, who sends “a subtle message of vegetarianism,” according to *The Charlotte Observer*, Charlotte, North Carolina, May 27, 2008.

By Alisha Tomlinson

I am sad to report that Mr. Henry Joy, gentleman rooster, therapy chicken and beloved friend, passed away peacefully on January 8, 2009. In his 9 years of life, Mr. Joy touched many lives, proving that when it comes to love, neither size nor species is important.

Mr. Joy had a special knack for making people smile. He loved riding in his tiny basket, meeting people all over North Carolina at charity fundraisers, art galleries and pet parades. He reached a worldwide



audience through his website www.mrjoy.net. Fans as far away as New Zealand appreciated his special charm and message of animal sentience. Mr. Joy helped enlighten folks about the plight of chickens raised on factory farms, but he may be most well known for his work as a therapy rooster.

Mr. Joy visited nursing homes and assisted living centers locally, bringing smiles and laughter to many elderly and disabled residents. His therapy work gained nationwide attention through television, radio and newspaper stories, allowing him to reach an ever wider audience.

Although he had a busy “work” schedule, Mr. Joy spent plenty of down time, just being a chicken. Mr. Joy leaves behind his adoring wives, Henrietta and BeBe and two human parents who were blessed to know him. – *Alisha Tomlinson*

To watch Mr. Joy visiting the Golden Living Center on the Internet, go to www.mrjoy.net/dayinthelife.html.

Freddaflower Memorial & Appreciation Fund

We thank those people who have contributed to our work with recent donations *In Loving Memory and in Honor and Appreciation of* the following beloved family members and friends:

In memory of my dearest frizzle rooster, Bo. Bo was my very first rooster. He was sickly as a chick but grew into a beautiful bird who was gentle with his hens, loving with his chick, protective of his flock, and a wonderful companion to me. Often, my sweet rooster and I would watch the sunset from our



Liqin Cao and Freddaflower

sunroom, Bo tucked in my arms. Bo died of cancer a few months ago and his flock and I have never been the same since his passing. – *Lynn Terzich*

In memory of Oyster, beloved resident of our little sanctuary for unwanted cockatiels here in Seattle. Oyster was only six years old when he died unexpectedly in February. Our sweet bird can now fly free to watch over all of us. . . . – *Susan Shaw*

In memory of my beloved rooster Leo – *Mimi Alberu*

In memory of my rooster Man Bird, who died Thanksgiving Day, 2008. – *Susan Siegel*

This donation is in lieu of birthday gifts for our friend, Julie Beckham. – *Franklin Wade and Liqin Cao*

In memory of Wisteria, my beloved cat who shared my life for 22 years. – *Sandra Herman*

This donation is from my friend Barbara Boggs in honor of my beloved dog Buffie. – *Shari Barton*

In memory of Miss Duck and Traudel our hen, and in honor of Chanticleer our rooster, his hen Trudel, and Baby Duck their friend. I still remember when I first called you after finding a couple “releasing” a baby chicken and duckling into the woods in the park where I was walking my poodle. I brought them home thinking I would find a sanctuary to take them to. After many calls, I finally received your number. I called you, but you said, “If they have a home, you should keep them.” I finally reluctantly settled into the reality that they were going to be mine. Today, I’m so happy I kept them! Having a rooster, a hen and a duck as pets has added a whole new dimension to our lives. – *Rita Chaykowsky-Keeley and Dr. Brian Keeley*



In memory and honor of Pluto, a male Muscovy duck who was adopted from a shelter by our client, Dorothy

Vinals. Pluto was quite ill with respiratory problems, and Dorothy worked hard with us to try to get him well. But when it got cold, he succumbed, and Dorothy was very saddened by his loss, as were Dr. Sanders and I. Dorothy really loved Pluto. He was a very cool guy. – *Louisa Jaskulski*

Enclosed is a donation to help poultry from my wonderful chicken, Be Be. – *Hilde Wilson*

In memory of my beloved pet, Felix. – *Maria Torricelli*

In honor of Nero, Bertha, Fredericka, Julie, Nathaniel, and Leonard, warmly remembered and sadly missed. – *Paul Deane*

Thank you for remembering my sweet bantam hen, Henrietta. It has now been five years since she passed, and I miss her every day, but keeping in touch with your organization and supporting your good work helps me to keep her memory alive. I now have two cockatiels who occupy me these days, though someday I know I will adopt another chicken when I get a little outdoor space. – *Bob Wucher*

UPC wishes to thank those contributors to our Freddaflower Fund who over the years have included pictures of their beloved family members to be honored in this section of our magazine. We regret that a lack of space prevents us from reprinting most photographs, but we do keep them and we are grateful to our members for sharing them with us. - UPC Editor

A LEGACY OF COMPASSION FOR THE BIRDS

Please remember United Poultry Concerns through a provision in your will.
Please consider an enduring gift of behalf of the birds.

A legal bequest may be worded as follows:

I give, devise and bequeath to United Poultry Concerns, Inc., a not-for-profit corporation incorporated in the state of Maryland and located in the state of Virginia, the sum of \$_____ and/or (specifically designated property and/or stock contribution).

We welcome inquiries.

United Poultry Concerns, Inc.
P.O. Box 150 • Machipongo, Virginia 23405-0150
(757) 678-7875



Karen & Mr. Frizzle ©2008 Davida G. Breier

UPC Welcomes 60 Hens from Mississippi Cockfighting Raid



Photo by: Holly Wills

United Poultry Concerns welcomed 60 chickens, including 5 chicks, permanently into our sanctuary in Machipongo, Virginia following the raid of a suspected cockfighting operation in Olive Branch, Mississippi by the Humane Society of the United States. On January 23rd, the day of the raid, UPC received an urgent call from HSUS asking if we could immediately adopt any of the 95 hens and chicks seized at the Mississippi location. We said, “Yes! We can!”

Forty-eight hours later, on Sunday morning, January 25th, a truck pulled into our sanctuary, and we carefully unloaded sixty weary but very happy chickens into one of our predator-proof yards. We placed four of the hens with our two bachelor roosters, Mackenzie and Prince, who welcomed them enthusiastically.

Seeing more room was needed, we quickly arranged



Photo by: Holly Wills

to have a spacious enclosure built especially for the Mississippi hens, thirty of whom took up residence in their new predator-proof fenced yard and house

on February 13th. They share their happy home with our handsome black and white rooster Oliver. We kept telling him during the construction: “Despite the housing crunch, you’re getting a mansion!”

The remaining Mississippi hens are living in the yard they first set foot in. They share their home with ten bantam Wyandottes (cute little snow white roosters and hens), thirteen Old English Hens (beautiful black and gold “tiny dancers”), and a small lovely black and white Seabright hen named Starlight.

The sad side of this happy adoption story – the remaining 35 hens were adopted by other sanctuaries – is the death of all the roosters seized in the Mississippi raid. The problem is not so much that “cockfighting” roosters are innately too aggressive to be placed in good homes, but that there are so few places that can take them, including UPC at this time. (We currently have 15 adult roosters, and two of the five Mississippi chicks are young males already starting to crow – watch out!) The majority of the poor traumatized roosters from cockfighting operations can probably be rehabilitated once the fear factor is replaced with tender loving care. For information about rehabilitating former cockfighting roosters, go to www.upc-online.org/cockfighting/.

Meanwhile, the Mississippi hens are thriving at UPC. They’re as pretty and sweet and friendly as they can be, and we’re thrilled to have them as permanent sanctuary residents. Our grateful appreciation for the building assistance provided by HSUS is extended to anyone wishing to provide further assistance for our lifelong care of these delightful hens.



Photo by: Holly Wills

Life and Death on Little Rhody Egg Farms: From Battery Cage to Live Market

By Christa Albrecht-Vegas

When Rhode Islanders hear the term “factory farm,” they probably think of larger agricultural states like California, where last November’s election saw the passage of a ballot initiative mandating that chickens, breeding sows and veal calves be granted enough physical space within their enclosures to turn around, lie down comfortably and fully extend their limbs. It may come as a shock to many in this, the smallest little state in the union, that we are harboring what may be the smallest little factory farm in the union.

Little Rhody Egg Farms, a windowless battery cage operation in Foster, Rhode Island, warehouses just under 40,000 Bovan Brown egg-laying hens. The Bovan Brown is a crossbreed of the Rhode Island Red, icon of the classic American barnyard. What better way to pay homage to our state bird than perpetuate its exploitation through selective breeding? While Little Rhody relies on its image as a small family farm, as well as the public’s desire to buy green and locally (as evidenced in its updated, environmentally friendly packaging), it follows a much more industrial model of production.



Photo by: Christa Albrecht-Vegas

Hens from Little Rhody Egg Farms awaiting their death at Antonelli’s Poultry Market

Eli Berkowitz, whose parents started Little Rhody and began producing eggs commercially in the 1950s, co-owns and manages the farm. During the 1990s,

Little Rhody began to diversify and transition from its role in production to being primarily a distributor of eggs, as well as dairy and a variety of other foods produced within the state. While Little Rhody still produces the generic eggs it has offered for decades, it also distributes brands such as Egglad’s Best, Pete and Gerry’s Organic Eggs and Land O’Lakes, working with the competition to meet the increasingly popular demand for cage-free, organic, and other specialty brand eggs. Little Rhody retailers include Stop and Shop, Shaws, CVS and Walgreens, as well as many independent grocers, restaurants and convenience stores throughout Rhode Island, Southeastern Massachusetts and Eastern Connecticut.

Berkowitz takes a pragmatic approach to farming eggs. While he acknowledges the public’s growing concern for the welfare of animals in the food industry, Little Rhody doesn’t show consideration for the hens as individuals within its own production line. Berkowitz’s sentiments remain in line with the more economically-minded shopper.

“No one wants to pay \$5.00 for a dozen eggs,” he says. “They’d like to pay 99 cents, but realistically, to feed the masses of the country and make sure people have food on their table, you have to find better ways so the chicken consumes the feed, stays healthy and makes eggs.”

One of Little Rhody’s “better ways” has been the adoption of a battery cage system, wherein the birds are each allotted approximately 68 square inches of physical space within their enclosures, an area slightly smaller than a sheet of notebook paper, which does not even accommodate the birds’ natural urge to spread their wings.

“Today, you see people who are concerned that the birds aren’t being treated fairly in cages,” Berkowitz says. “To be honest, I don’t agree with that. If the birds aren’t treated properly, they don’t produce. They need to be in a happy environment too, if you want to call it happy. If they’re healthy, they eat well, they have water . . . they produce.”

I can’t speak for the average Jane, but in my personal experience, ovulation does not fluctuate with my mood swings or level of self-actualization. Nor can you

extrapolate from the flow of feminine hygiene products into a women's correctional institution that the women using them are necessarily "happy" or fulfilled human beings.

"When I walk through my building," Berkowitz goes on to say, "and I hear them all cackling and talking – the louder I get, the louder they get. They always want to be heard – that means they're talking. They're happy." By this logic, it may be safe to assume that we've been misreading the sentiments behind those



Photo by: Christa Albrecht-Vegas

clichéd images of captives rattling metal cups against their prison bars.

Little Rhody's hens are painfully debeaked without anesthesia to deal with the frustrated feather-pecking that bedevils chickens crowded and deprived of foraging opportunities, and the company also engages in forced molting, a practice wherein a flock that has ceased to produce optimal egg yields is deprived of food for a period of days or weeks sufficient to trigger a physiological shock and force the birds to molt simultaneously. Deprived of food, the hens stop laying eggs. When their food is restored, the surviving hens lay fewer but larger eggs, adding to their suffering by having to expel those "Jumbo" eggs with their weakened muscles onto the wire floor of their cages.

So inhumane is forced molting by starvation that

even United Egg Producers (the U.S. industry trade group) opposes complete food deprivation, as opposed to a "restricted feed" molt. Berkowitz, who has never applied for certification by United Egg Producers, prefers to follow his family's longstanding practice. In forced molting, he removes all food from the birds until they have lost 15-20% of their body fat.

"We try to be really gentle about it . . ." says Berkowitz. "It's like fasting. Some people fast. Certain religions do it for a reason. Chickens do the same thing. I kind of equate it with that." Call me a stickler for devotion, but isn't there an element of free choice in religious fasting? Berkowitz seems to be confusing torture with abstinence.

Though small on the scale of factory farms, Little Rhody demonstrates the sad reality that it is not possible to mass-produce animal derived foods humanely. From their origins in commercial hatcheries, where day-old "egg-type" chicks are typically debeaked and sorted by gender – the male chicks being literally thrown alive into dumpsters or ground up in industrial

Sound of a Battery Hen

*You can tell me: if you come by the
North door, I am in the twelfth cage
On the left-hand side of the third row
From the floor; and in that cage
I am usually the middle one of eight or six or three.
But even without directions, you'd
Discover me. We have the same pale
Comb, clipped yellow beak and white or auburn
Feathers, but as the door opens and you
Hear above the electric fan a kind of
One-word wail, I am the one
Who sounds loudest in my head.*

garbage disposals – to their ultimate end as pet food, farm animal feed or landfill, birds on factory farms are a far cry from happy. Little Rhody disposes of many of its own birds at the Antonelli Poultry Company, a live market in the Federal Hill district of Providence, Rhode Island.

For a more avian perspective on what makes chickens happy, I turned to Karen Davis, founder and president of United Poultry Concerns, a nonprofit

based in Machipongo, Virginia that advocates for a vegan lifestyle and the humane treatment of domestic fowl. “All the chickens we’ve ever had, whether they’re Bantams or Rhode Island Reds or the so-called ‘broiler’ chickens from the meat industry or the white leghorn hens who are the main types of hens used for the commercial battery cage industry – whatever they’re called, what they all have in common is that they want to run around a lot. They’re very active, and they need things to satisfy their curiosity. Chickens are not intended to live in environments where there is nothing but metal or some type of wire enclosure. They need stimulation.”

Some of the universal pleasures of poultry include foraging in foliage, scratching for what the fresh earth yields to them, sunbathing in the afternoon, dustbathing, perching on straw bales, and gathering themselves into small, busy groups throughout the day. And hens like having roosters around them. Karen says that so-called “cannibalism” and other abnormal behaviors among chickens are the result of confinement in commercial settings that prevent the birds from exercising their true natures. Given adequate space, even roosters can get along. Karen speaks fondly of Rhubarb, a Rhode Island Red rooster at her shelter who, in cooperation with two other roosters, conscientiously cares for the hens in his flock.

In light of the fact that our society fails to extend even minimal legal protection to poultry, such as

inclusion under the provisions of the Federal Humane Slaughter Act, and given that most people don’t have ample resources to create private sanctuaries, perhaps the greatest gesture we as consumers can make on the birds’ behalf is to acknowledge the unpleasant realities occurring on the peripheries of our awareness. There is no better time than now to adopt a vegan lifestyle.

Christa Albrecht-Vegas is a freelance writer based in Portsmouth, Rhode Island. She is a member of Rhode Island Vegan Awareness (RIVA) and United Poultry Concerns. Her article with additional photos of the hens is posted on UPC’s Website at www.upc-online.org/battery-hens/090225little_rhody.html.



Photo by: Christa Albrecht-Vegas

Antonelli’s Death House



STOCK CONTRIBUTIONS

Dear Friends,

Several of our members have made financial contributions in the form of stock to United Poultry Concerns through our securities account. We are deeply grateful for these gifts, and anticipate more in the future. There are two obvious benefits in making stock contributions. Please consider these advantages in making your future gifts to United Poultry Concerns.

Donors may give as much stock as they want to a nonprofit organization without impinging upon their estate. By giving this way, they avoid paying a capital gains tax on their assets, because they are gifting their assets.

The benefits to the nonprofit are obvious. In giving a gift of stock, you enable the nonprofit of your choice to grow and do more. It’s as simple and important as that. Everyone wins.

United Poultry Concerns has a securities account with **UBS Financial**. For information on how you can donate to us this way, please call our financial advisor, **Susan R. Waters**, at UBS at **757-490-5639** or **800-368-4070**.

From United Poultry Concerns and all our Feathered Friends, we thank you for helping to ensure our future!

Sincerely,
Karen Davis, Ph.D.
President

Investigators See Improvement for Turkeys at Sara Lee Plant

Cages Were Covered with Insulated Panels to Protect Turkeys from Cold

Background

In 2007, two animal advocacy organizations – Animals' Angels and United Poultry Concerns – called upon the Sara Lee Corporation to cover its trucks taking turkeys to slaughter in freezing weather. Our campaign grew out of an investigation by Animals' Angels on January 25, 2007 when investigators followed a truck loaded with turkeys on the road for four hours to the Sara Lee slaughter plant in Storm Lake, Iowa. The truck was uncovered, exposing the turkeys to bitter cold and icy winds. Snow and ice stuck to the metal transport cages in which the turkeys were huddled.



Upon arrival at the plant, the turkeys sat for another two hours in frigid 16 degrees Fahrenheit temperatures. Evidence of the investigation was presented to Sara Lee with the recommendation to start using tarps or insulated panels to protect the company's turkeys from the cold. UPC and Animals' Angels issued a press release, and our campaign was covered by the *Des Moines Register* and the *Storm Lake Pilot Tribune*.

Sara Lee told UPC and Animals' Angels: "Sara Lee and its suppliers use insulated panels on trucks to protect the animals during colder weather." However, insulated panels were not in use during the 2007 investigation. In 2008, UPC and Animals' Angels decided a follow-up investigation was warranted. The aim of the February 2009 investigation was to find out if any improvements had been made.

February 2009 Follow-up Investigation

Animals' Angels investigators documented conditions at the plant on February 3-4, 2009. Inside the fenced premises, they saw two barns with open fronts. The sides and the back of these barns were covered with tarps that protected the turkeys – caged in trailers parked inside the barns – from the weather. When the trailers were moved from the barn to the slaughter plant entrance, the turkeys were exposed to the elements for 1-2 minutes.



Truck arriving at plant with insulated panels.

On February 4, investigators watched three loaded turkey trucks arrive at the plant. All of the cages were covered with insulated panels. Trucks backed up to the barns, dropped off the trailers with the turkeys inside, picked up empty trailers and left. Threatened with arrest by police for "harassing trucks," Animals' Angels terminated the investigation with intent to file a



Barn with tarp covered sides to protect against weather.

complaint, noting the investigators weren't illegally interfering, just watching the plant and the trucks.

Based on the observations, it appears Sara Lee has responded to the recommendations of United Poultry Concerns and Animals' Angels, since during the investigators' unannounced visit, significantly improved weather protection was provided for the turkeys slaughtered at the Sara Lee facility in Storm Lake, Iowa on February 3-4, 2009.

What Can I Do?

🐔 Tell Sara Lee you appreciate the company's apparent response to pleas that it protect its turkeys from exposure to freezing weather by equipping its transport trucks with insulated panels – *and closing the panels* – enroute to the company's slaughter plant in Storm Lake, Iowa, as documented by Animals' Angels on February 4, 2009.

Say you are glad that, instead of the turkeys being forced to sit outside the slaughter plant entrance in the freezing cold – as they were forced to do in January 2007 – the turkeys in February 2009 were held in a covered barn.

Urge Sara Lee to adopt a companywide policy at the national and international level requiring that all birds trucked to the company's slaughter plants be afforded protection from cold weather in the form of *closed insulated panels* like those observed by the investigators in Storm Lake, Iowa in February 2009. Request a written response to your concerns.

Contact:

Brenda C. Barnes, Chairman, CEO
Sara Lee Corporation
 3500 Lacey Road
 Downers Grove, IL 60515
 Phone: 630-598-6000
 Fax: 630-598-8653

You can also leave a message for Sara Lee at:
www.saralee.com/ContactUs.aspx.

🐔 Urge the National Turkey Federation, National Chicken Council, United Egg Producers, and U.S. Poultry & Egg Association to develop cold weather transport standards for implementation by their member companies such as Sara Lee, Tyson, Butterball and Cal-Maine. The majority of U.S. poultry & egg companies belong to one of these four trade groups. Request that all vehicles taking birds to slaughter in cold weather be equipped with insulated panels – *and that the panels be closed during transport*. Request a written response to your concerns.

Contact:

Joel Brandenberger, President
National Turkey Federation
 1225 New York Ave. NW, Suite 400
 Washington, DC 20005
 Phone: 202-898-0100
 Fax: 202-898-0203
 Email: info@turkeyfed.org

George B. Watts, President
National Chicken Council
 1015 15th St. NW, Suite 930
 Washington, DC 20005-2622
 Phone: 202-296-2622
 Fax: 202-293-4005
 Email: ncc@chickenusa.org

Gene Gregory, President, CEO
United Egg Producers
 1720 Windward Concourse, Suite 230
 Alpharetta, GA 30005
 Phone: 770-360-9220
 Fax: 770-360-7058
 Email: gene@unitedegg.com

John Starkey, President
U.S Poultry & Egg Association
 1530 Cooledge Road
 Tucker, GA 30084-7303
 Phone: 770-493-9401
 Fax: 770-493-9257
 Email: jstarkey@poultryegg.org

Vegan Recipe Corner

Red Robin's Tofu Scramble

By Robin Helfritch

Ingredients:

- ½ package Lightlife's Gimme Lean Sausage
- 1 pound extra firm tofu, drained and dried well, mashed with fork
- 1 medium tomato, diced
- 3 ounces baby spinach
- 5 tbsp. tamari
- 1½ tbsp. nutritional yeast
- 1 tbsp. yellow mustard
- 1 tbsp. minced garlic
- 1 tsp. turmeric
- 3 tbsp. vegetable oil



Directions:

1. Sauté the Gimme Lean in 1 tbsp. vegetable oil on medium-high heat, chopping it with a spatula to break it up as it cooks, until browned and finely minced. Remove from heat and set aside.
2. Mix together the tamari, nutritional yeast, mustard, minced garlic and turmeric in a small container.
3. Pour the tamari mixture over the mashed tofu and mix together well.
4. Sauté the tofu in 2 tbsp. vegetable oil over medium heat for approximately 10 minutes, stirring regularly with spatula, until most of the excess moisture is evaporated and the tofu is firm and slightly browned.
5. Add the Gimme Lean to the tofu and mix well.
6. Add the diced tomatoes and mix well.
7. Add the baby spinach on top of the tofu mixture, reduce heat to low, and cover pan until spinach is wilted. Remove cover and mix well.
8. Serve immediately with (vegan) buttered toast.

Options:

- Add sautéed mushrooms, onion, or peppers.
- Add salsa or hot sauce for some pizzazz!
- Sprinkle shredded Follow Your Heart cheddar or other vegan cheese on top of the finished scramble, cover pan with lid, and let melt before serving.

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- "Why Be Concerned About Mr. Perdue?"
- "The Rougher They Look, The Better They Lay" (free-range egg production)
- "Intensive Poultry Production: Fouling the Environment"
- "Philosophic Vegetarianism: Acting Affirmatively for Peace"
- "The Rhetoric of Apology in Animal Rights"
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- "Chicken Talk: The Language of Chickens"
- "Celebrate Easter Without Eggs"
- "Chicken for Dinner: It's Enough To Make You Sick"
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- "Japanese Quail"
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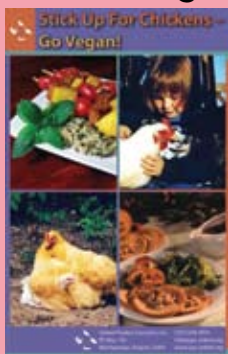
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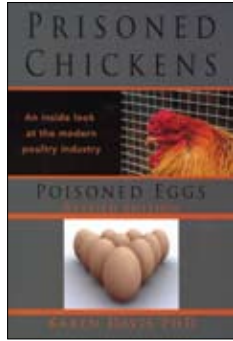


BOOKS & BOOKLETS

Prisoned Chickens, Poisoned Eggs: An Inside Look at the Modern Poultry Industry

By Karen Davis

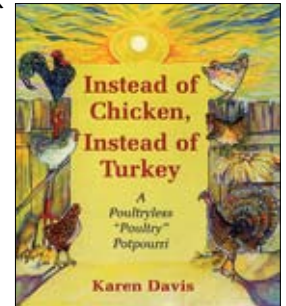
The New Revised Edition of Prisoned Chickens, Poisoned Eggs looks at a world in which avian influenza, food poisoning, global warming, genetic engineering, and the expansion of poultry production and consumption are careening to an unsustainable point. Read the compelling argument for adopting a compassionate, plant-based cuisine as an alternative to the warfare waged on defenseless chickens. \$14.95



Instead of Chicken, Instead of Turkey: A Poultryless "Poultry" Potpourri

By Karen Davis

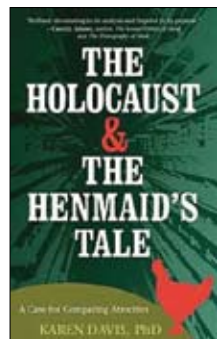
This delightful vegan cookbook by United Poultry Concerns, Inc. features homestyle, ethnic, and exotic recipes that duplicate and convert a variety of poultry and egg dishes. Includes artwork, poems, and illuminating passages showing chickens and turkeys in an appreciative light. \$14.95



The Holocaust and the Henmaid's Tale: A Case for Comparing Atrocities

By Karen Davis

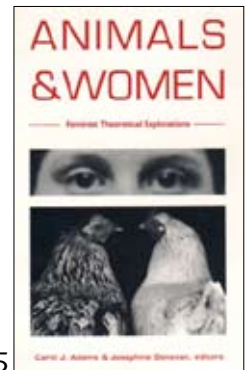
In this thoughtful and thought-provoking contribution to the study of animals and the Holocaust, Karen Davis makes the case that significant parallels can – and must – be drawn between the Holocaust and the institutionalized abuse of billions of animals on factory farms. \$20



Animals and Women: Feminist Theoretical Explorations

Edited by Carol J. Adams & Josephine Donovan

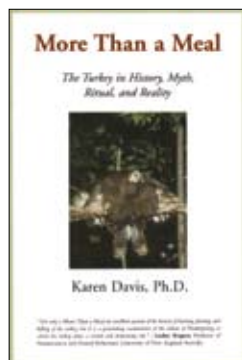
"Karen Davis's brilliant essay [Thinking Like a Chicken: Farm Animals and The Feminine Connection] brings together the book's central concepts, leading to conclusions that rightly should disturb feminists and animal advocates alike." – Review by Deborah Tanzer, Ph.D. in *The Animals' Agenda*. \$16.95



More Than a Meal: The Turkey in History, Myth, Ritual, and Reality

By Karen Davis

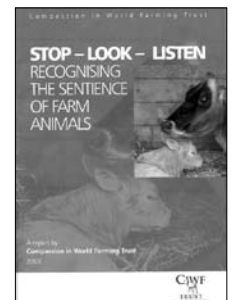
Karen Davis shows how turkeys in the wild have complex lives and family units, and how they were an integral part of Native American and continental cultures and landscape before the Europeans arrived, while drawing larger conclusions about our paradoxical relationship with turkeys, all birds and other animals including other human beings. "The turkey's historical disfigurement is starkly depicted by Karen Davis in 'More Than a Meal.'" - *The New Yorker* \$20



Stop Look Listen - Recognizing the Sentience of Farm Animals

By Compassion in World Farming

A must-have educational resource for humane educators, animal advocacy organizations, schools, and libraries. \$2.50



Replacing Eggs

By United Poultry Concerns

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Goosie's Story

By Louise Van Der Merwe

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A Boy, A Chicken and The Lion of Judah – How Ari Became a Vegetarian

By Roberta Kalechofsky

This wonderfully gifted children's story, set in modern Israel, is about a young boy's quest for moral independence. An intelligent book for all ages. Winner of the Fund for Animals "Kind Writers Make Kind Readers Award." \$10.00

Nature's Chicken, The Story of Today's Chicken Farms

By Nigel Burroughs

With wry humor, this unique children's story book traces the development of today's chicken and egg factory farming in a perfect blend of entertainment and instruction. Wonderful illustrations. Promotes compassion and respect for chickens. \$4.95

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VIDEOS

The Emotional World of Farm Animals

By Animal Place

This is a wonderful documentary produced by Animal Place and led by best-selling author Jeffrey Masson.

This delightful film – for viewers of all ages – is all about the thinking and feeling side of farmed animals. **A PBS Primetime Favorite!** Get your local station to air it.

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45 Days: The Life and Death of a Broiler Chicken

By Compassion Over Killing

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The Dignity, Beauty & Abuse of Chickens

By United Poultry Concerns

Our video shows chickens at UPC's sanctuary doing things that chickens like to do! 16:07 min. — Color * Music * No Narration. VHS and DVD. \$10



Hidden Suffering

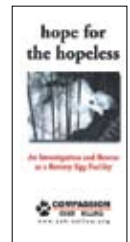
By Chickens' Lib/ Farm Animal Welfare Network

This vivid half hour video exposes the cruelty of the battery cage system and intensive broiler chicken, turkey and duck production. VHS. \$10

Hope for the Hopeless

By Compassion Over Killing

An Investigation and Rescue at a Battery Egg Facility documents the living conditions of hens at ISE-America in Maryland. www.ISECruelty.com 18:28 minutes VHS. \$10



Inside a Live Poultry Market

By United Poultry Concerns

This horrific 11-minute video takes you inside a typical live bird market in New York City. An alternative to "factory farming"? Watch and decide. VHS and DVD. \$10

Ducks Out of Water

By Viva! International Voice for Animals

This powerful 5-minute video takes you inside today's factory-farmed duck sheds in the US. VHS. \$10

Behavior of Rescued Factory-Farmed Chickens in a Sanctuary Setting

By United Poultry Concerns

See what a chicken can be when almost free! This 12-minute video shows chickens, turkeys, and ducks at UPC's sanctuary racing out of their house to enjoy their day. VHS and DVD. \$10

Delicacy of Despair

By GourmetCruelty.com

This investigation and rescue takes you behind the closed doors of the foie gras industry and shows what ducks and geese endure to produce "fatty liver." 16:30 minutes. DVD. \$10



Inside Tyson's Hell: Why I Got Out of the Chicken Slaughtering Business

by Virgil Butler

Produced by United Poultry Concerns and the Compassionate Living Project. DVD. 58.35 min. \$15



Humane Slaughter?

By Farm Sanctuary

Humane Slaughter takes the viewer into poultry slaughterhouses to witness the horrendous suffering endured by chickens and turkeys. 9 minutes. VHS. \$10

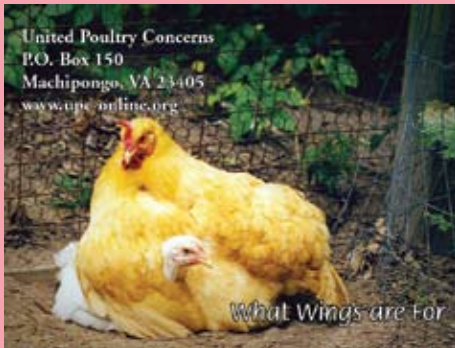
ANIMAL PEOPLE - the Humane Movement in America

A film by Gary Kaskel, Music by Robert Douglas. This 84-minute award-winning documentary includes UNITED POULTRY CONCERNS, Karen Davis and many other leaders from within the animal advocacy movement in America. DVD \$23 USD



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Photo by People for the Ethical Treatment of Animals

Full-color poster vividly captures the truth about factory chickens for the public.

Vegetarian message. 18"x22"



Friends, Not Food

Photo by Franklin Wade
Liqin Cao & FreddaFlower.
Full color 19"x27" poster.



What Wings are For: Chicks Need Their Mothers

Photos by Jim Robertson & Karen Davis
Great educational tool. Full color
11-1/2"x16" poster.



Walking to Freedom After a Year in Cages

Photo by Dave Clegg
Full color, 18"x22" poster.



"Battery Hens"

Photo by Susan Rayfield
Roosting in Branches After Rotting in Cages
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Great Turkeys Poster!

Photos by Barbara Davidson & Susan Rayfield
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UPC Member Susan Roghair With Happy Hens and a Rooster in Ireland

Photo by: Dan Barshay, Tampa, Florida USA. This photo appears with other winning photos of chickens in the *Chicken Run Rescue Calendar 2009*.
To view photos and learn more about the annual Chicken Run Rescue Calendar Photo Contest, visit: www.brittonclouse.com/chickenrunrescue/.

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